



Fitasc Coach education courses by the British Association of Professional Shooting Instructors (APSI) Session Level 1 / 6-9 May 2019

Preamble

To develop, the sports shooting must have teachers ensuring in the shooting clubs and in the best conditions, the welcome to beginners and the improvement of sports shooters of all levels.

Owing to the variety of National rules governing the sports teacher diploma, FITASC has chosen to train coaches specialized in FITASC disciplines, thus making sure that their level of knowledge and their teaching method are checked and accredited.

Training and knowledge assessment of FITASC coaches have been entrusted to APSI (Association of Professional Shooting Instructors) by our last General Assembly last 4th July 2017, during which has been signed a Memorandum of Understanding between both organizations, with initial 6-year duration and starting in 2018.

APSI – Mode of operation

The APSI has been organizing shotgun coach education courses since 2002 and is worldwide recognized for the quality of its training. These courses have been developed and expanded to include Basic courses, Advanced courses, Gun fitting courses and various single day courses and workshops.

The APSI has been selected by FITASC to provide modules of shooting coaches specialized in FITASC disciplines, for different levels, and will present the courses with its regular course instructors (*see hereafter the list of courses*). The programs of the modules of FITASC shooting coaches will be beforehand validated by FITASC.

The students have to validate first the level one course (basic) before undertaking the level two (Advanced) on coaching techniques in the FITASC disciplines.

Each student who will have successfully completed the module will be given a skills certificate and a "Fitasc coach" badge.

In 2018 the first Level 1 session was successfully held with 13 candidates having brilliantly participated in all assessments and having been awarded the L1 coach Fitasc certificate. Most of them will take part in the session level 2 scheduled in October 2019.

Target Students

The students wishing to participate in the Level 1 course must apply to FITASC **by 15th March 2019** and FITASC will inform their national federation (FITASC member).

Reporting

The APSI will provide detailed reports following each course, evaluating the success rate of students.



Level One Course (Basic) in 2019 / 12-16 students

Any shotgun coach program has to start with the Level One Course (Basic), with the description below. This 4-day course provides the type of education received by trainee coaches at world class shooting schools.

Date : from Monday 6th to Thursday 9th May 2019	
Venue : UK - Doveridge Clay Sports & Corporate Leisure (http://www.doveridgeclaysports.co.uk/contact-us/) Eaton Hall Farm, Upwoods Rd, Doveridge, Doveridge, Ashbourne DE6 5LN, Royaume-Uni	
Day 1 / 2	Comprehensive and all-important safety presentation at the beginning of the course
Day 2 / 3	Among other subjects the course includes in fine detail: the three accepted shooting methods; understanding the techniques of shooting; methods to determine and confirm the master eye; how to teach the techniques of shooting; an introduction to gun fitting; practical coaching.
Day 4	Formal Safety Test, with its 100% pass mark, also includes observed gun safety by students during the 4 days of the course.

Course material

The courses are provided in English, with the course materials in English shown on a screen, but the students will be required to have beforehand the course materials in their own language, in order to guarantee that they easily follow the course.

The course materials in English will be given upstream to the concerned National Federations, so that they ensure the translation into their language before the session.

Cost and Funding

The courses will be entirely funded by the student coaches, requiring no financial input from FITASC or its member countries.

The cost of the Basic course is **£1,150 (pounds Sterling) per person**. This includes 4 nights in a local hotel (single occupancy), breakfast and lunch, all shooting costs (venue, cartridges, clays, guns and try guns etc) and all pre-course books and guides, plus in-course paperwork.

Please note: approved students are accepted on a 'first come, first served' basis up to and including a maximum of 16 places. The place is confirmed on receipt of a non-returnable deposit of £600 Sterling.

In case there would a consequent group of candidates in a single country, an onsite 4-day course may be organized at the Federation: for such request, please contact us.

If you are interested to take part in this session, please contact:

- either directly Fitasc which will inform your federation ;
- or your National Federation which will forward your candidature to Fitasc.



The Courses

The Level One Course (Basic) 12-16 students

This 4-day course provides the type of education received by trainee coaches at world class shooting schools. There is a comprehensive and all-important safety presentation at the beginning of the course. Then among other subjects the course includes in fine detail: the three accepted shooting methods; understanding the techniques of shooting; methods to determine and confirm the master eye; how to teach the techniques of shooting; an introduction to gun fitting; practical coaching. On the final day the formal Safety Test, with its 100% pass mark, also includes observed gun safety by students during the 4 days of the course.

The Level Two Course (Advanced) 12-16 students

To participate in the Advanced Course, it is a requirement that students should first complete the Basic Course and pass the Safety Test. They must then coach for a minimum 12 months before they may apply to attend the Advanced Course. Existing coaches, who can show sufficient experience and expertise, may be permitted to progress directly to the Advanced Course.

The 4-day Advanced Course expands on the subjects covered in the Basic Course and introduces a series of additional topics and target skills required by the professional instructor and specialist FITASC discipline coach. These include: producing individual training programmes (live training, dry training, competition training, goal setting, gun fit, fitness training, psychology, record keeping); creating an optimal learning environment; planning the training year; training phases; employing coaching techniques in the FITASC disciplines.

Gun Fit Course, 12 students

This popular one day course features the prerequisites for gun fitting; determining good gun fit; checking master eye; the correct use of the try gun; using fitting plates; targets to use when gun fitting; measuring the try gun; correct order of measurements; adjusting existing stocks & limitations; new stocks; O/U try guns and S/S try guns; sourcing gun fitting equipment.

One day courses in specific FITASC disciplines: 12-16 students

Game Shooting instructor course 12-16 students

This course is available to those who have completed the Level One (Basic) Course or who can show sufficient coaching experience.

The two-day course includes coaching the game shooter at the shooting ground; coaching in the game field; the loader/coach and limitations; working with double guns; high birds; driven grouse; equipment the coach should always take into the field; vital additional safety measures for the game field.